



## Cracoe & Rylstone CE Primary School

Cracoe, Skipton, BD23 6LQ

Co-Headteachers: Mrs C Greenwood & Mr C Parkhouse

Base Leader: Mrs G Cumberland

T: 01756 730259

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*Be the Light*

### Friday Newsletter - October 14th 2022



Wed 19<sup>th</sup> Oct – 9am Cracoe and Rylstone Harvest Festival **at Cracoe Village Hall**. Please continue to bring donations for our Harvest Appeal to be donated to Skipton Food Bank  
Tue 18<sup>th</sup> Oct/Wed 19<sup>th</sup> Oct - Parents' Evenings

On **Monday 31<sup>st</sup> October**, we are holding a Pumpkin Carving Competition – pay £2 to enter (there is a prize for everyone) & all proceeds to playground equipment appeal. Pumpkins to be carved at home please. Mrs Hepworth and Mrs Webster (Class 2) will judge the winners! This competition is for both classes. There will be a procession of the pumpkins at 3.30pm in the playground!



Tue 8<sup>th</sup> Nov - Open morning for prospective parents (Reception 2023) at Cracoe

14<sup>th</sup>-18<sup>th</sup> Nov - Anti Bullying week

Fri 18<sup>th</sup> Nov - Children In Need: Dress Down and bun sale for Whole of Federation

Thur 8<sup>th</sup> Dec - Federation Carol Service at St Michael & All Angels Church, Linton 6pm

Tues 13<sup>th</sup> Dec – KS1 Nativity in the Village Hall in the afternoon (KS1 parents only)

Tues 6<sup>th</sup> Dec - Christmas Fayre 3.30 - 4pm in Class 2 or outside



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Dear Parents,

Welcome to this week's newsletter. This week was the first of our Harvest Festivals and the pupils, staff and parents from Grassington got together to share songs, poems and readings about harvest time. They supported Skipton Food Bank and the generous contributions were all gratefully received. Thank you to all parents and children who contributed to the collection and attended the event.

### Microsoft forms

To reduce the use of paper and administrator time collating letters, we are going to try to use Microsoft Forms more often as a way of communicating and collecting information. There are two examples of this within today's newsletter and we ask that you support us by using the links and completing attached forms for the carol service and the Acceptable Use Policy.

### Spirituality

During a school visit with our new Diocesan advisor (Paul Bowlas) and then with governors, we looked at the Federation definition of spirituality and I wanted to take this opportunity to share that with you.

Our shared definition of spirituality within our school overarches five areas that we weave into school life:

- A sense of awe and wonder
- A time to pause and reflect
- Love and care for the living world
- Ask big questions
- Celebrating life's joys and achievements

Evidence of spirituality can be seen within our school – through the ethos, relationships, displays, children's work and the culture we have among staff and governors

### Safeguarding update-E safety

As a Federation, we have been updating our e-safety policy and the new version will be on our school website in the next few days. The policy asks that all parents, pupils and staff read and agree to an Acceptable Use Policy. Please use this link to a Microsoft Form to complete our parental Acceptable Use policy.

<https://forms.office.com/Pages/ResponsePage.aspx?id=rSgpYgAJv0WQLe1EJ2Wj6BmRhvLbSQ5JjYAMv4ZXixxURFJRUVJNSIJWRjJNNUxjVjJLMIFZT01QSS4u>

This week seemed like the perfect week to highlight the importance of e safety and share a few links to useful webpages and resources, which support parents in navigating the world of technology that our children live in.

Here are a couple of recommended sites that support parents and offer advice on a range of online safety issues:

[Home \(lgfl.net\)](http://lgfl.net)

[Parents and carers | CEOP Education \(thinkuknow.co.uk\)](http://thinkuknow.co.uk)

The following poster shares 6 Top Tips for parents from the London Grid for Learning parents' page.





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## SIX TOP TIPS

For Parents To Keep Your Children Safe Online

Children and young people are bound to spend lots more time on devices since Covid. **DON'T FEEL BAD** – lots will be schoolwork or healthy ways of catching up with friends or having fun. There are many ways to keep them safe, healthy and happy.

### Don't worry about screen time; aim for screen quality

Scrolling through social media isn't the same as making a film or story, or Skyping Grandma. Use the Children's Commissioner's 'Digital Five A Day' to plan or review each day together.



### Check the safety settings are turned on

Whether it's your home internet, mobile devices, consoles, apps or games, there are lots of settings to make them safer. The key ones are - can they chat to strangers, can they video chat or 'go live', are their posts public? **Internet Matters** has hundreds of guides to parental controls.



### Get your children to show you their apps and games

You don't need to know all about the latest app or game, but if your child shows you what they are doing and with whom, you'll probably see if it's appropriate or not. Remember 18 games are not more advanced – they are harmful to children! For parent guides to apps, including recommendations for kidsafe apps and video platforms, search for **Common Sense Media** or **NSPCC's NetAware**. And why not download the **BBC Own It** app?



### Don't try to hide news about scary things in the news

If you don't talk about it, your children might read inappropriate pages, believe scare stories or simply catastrophise in their heads. Why not watch **Newsround** together and talk about how they feel – there is guidance from **Childline** to help you.



### Remind them of key online safety principles

There are too many to list, but remember human behaviour is the same online and offline. Remind your children to be a good friend, to ask for help if they are worried or if someone is mean, not to get undressed on camera and most important of all... if somebody tells them not to tell or ask for help because it's too late or they will get in trouble, **THAT'S A LIE!**

### If you aren't sure, ASK!

Your school may be able to give you advice, but there are plenty of other places to ask for help as a parent or a child, whether it is advice or help to fix something. Lots of sites are listed at [reporting.lgfl.net](http://reporting.lgfl.net), including ones to tell your kids about (they might not want to talk to you in the first instance).





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### Federation events

#### Carol Service

The Christmas Carol service will be held in **Linton at 6pm on Thursday 8<sup>th</sup> December**. We hope very much, that families from across the Federation will join us. In the first instance, we are opening this event up to two adults per family but once we have numbers and tickets have been issued, we will offer any spare tickets on a first come first serve basis. It is important to let us know if you will be attending to allow us to allocate additional tickets, and also so we order enough mince pies! Please use the form below to reserve your seats. This will be a family service and children will sit with their families but may be called up to do readings or take part in the service.

<https://forms.microsoft.com/Pages/ResponsePage.aspx?id=rSgpYgAJv0WQLe1EJ2Wj6BmRhvLbSQ5JiYAMv4ZXixxUQjcxNzFaOEZKOEJVMUxDMFdJMThCVDhITy4u>

#### World Mental Health Day



This week the children came to school in odd socks to celebrate the theme of 'same but different' as part of National Mental Health week. We all know the importance of looking after our own mental health and that of our children, so it has been good this week to reflect on mental health and looking after ourselves with the children and complete activities around this theme.

#### Children in Need- bakers at the ready!



**Friday 18<sup>th</sup> November is Children in Need** and we will be fundraising with a SPOTacular bun sale at each school. **Please can you make or buy (either is fine) cakes, buns or biscuits** and send them into your school on the morning of the 18<sup>th</sup> along with **a contribution in a named envelope to buy a bun or a biscuit with.**

Children are also invited to wear their own clothes as a 'dress down day' and asked to **contribute a £1** for this great cause. The theme is spots but any 'dress down' option is fine. Please be aware that KS2 children will be taking part in PE as part of Federation Friday so please go for a sporty option when choosing outfits.

There are some baking ideas on the following link, if you need inspiration.

[SPOTacular biscuits and cakes - BBC Children in Need](#)





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### House Points

	Diamond	Sapphire	Ruby	Emerald
This week	152	202	142	78
Running Total	634	697	522	734

This week's winners: **SAPPHIRE** will have their dress down day on Wednesday 19<sup>th</sup> October

*Shine*

#### Class 1: Fred

You have had such an amazing week Fred! Mrs Webster and I have been so impressed with your attitude for learning and what a lovely friend you have been. You have SHONE this week, well done!

#### Class 2: Maleeha

Maleeha has stepped up to become a responsible, respectful and kind Year 6 pupil. She always helps others and has taken to her role as the school council chair person with great success. She is also taking great responsibility towards her studies – working hard and doing lots of extra work!

### Learning Heroes

#### Learning Power: RESPECT



#### Class 1: Amber

You are always respectful to your friends and your school. You always listen respectfully to announcements and care for your friends, acting with maturity and kindness.

You are a respect hero this week, and a model always!



#### Class 2: Ellie

The class voted for you because you show your school and everyone in it respect. Your friends said 'I vote for Ellie because she respects your space' and 'she doesn't trip people up or jump out on you.

She is kind!' Well done Ellie!



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Say hello to this year's School Council!



**SCHOOL COUNCIL**

Claire Greenwood & Chris Parkhouse  
Executive Headteachers