



**Upper
Wharfedale
Primary
Federation**

Burnsall Newsletter 16th January

Welcome to this week's newsletter.

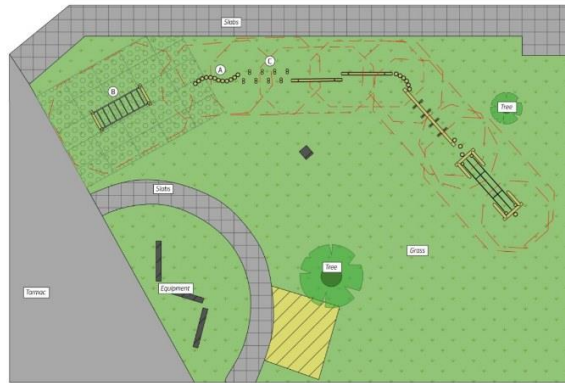
We hope you've all had a fantastic week! This edition will be short and sweet, but don't miss out—inside you'll find an exciting announcement, updates on running events, and essential safeguarding and school information.

Wishing you a restful and enjoyable weekend!

Exciting announcement: [Trim Trail at Grassington](#)



YORKSHIRE DALES
National Park Authority
Sustainable Development Fund



We are really excited to share that next week, we will be having a Trim Trail installed at Grassington. This has been funded through generous support of Grassington PTA and incredible grants from Yorkshire Dales Millennium Trust (YDMT) and The Yorkshire Dales National Park Authority's Sustainable Development Fund. We are so lucky to be supported by these amazing funds and cannot wait to see the super new trail which will enhance our outdoor environment. We know it will bring a lot of joy to all the children at Grassington as well as Federation wide when they visit on a Friday.

The Yorkshire Dales National Park Authority's Sustainable Development Fund is open to individuals, businesses, community groups or voluntary sector bodies. It provides an accessible source of money for a range of projects that result in positive benefits for the National Park's environment, economy and communities, while enhancing and conserving local culture, wildlife and landscape. [Sustainable Development Fund \(SDF\) - Yorkshire Dales National Park : Yorkshire Dales National Park](#)

Yorkshire Dales Millennium Trust is a small charity doing big things for the people, landscape and wildlife of the Yorkshire Dales and surrounding area. This special area inspires us to be ambitious, and we have always prided ourselves on being an organisation that makes a practical difference and "gets stuff done." [Yorkshire Dales Millennium Trust | Working together for the Dales](#)



Cross Country



Tuesday 20th January Cluster Cross Country Event - Cancelled. Rearranged to Tuesday 3rd February.

We also have 2 further Keighley Cross Country league events coming up

- **Wednesday, 4th February 2026** – Cliffe Castle, Keighley
- **Tuesday, 10th March 2026** – Marley Playing Fields, Keighley (All races start at 3:15 pm)

Emails with full information has been sent to registered runners. If your KS2 child is not registered and would like to run, please let us know by Monday.

Screen Time



You may have seen in the news this week that the Government is reviewing screen time guidelines for children under five, following research showing that high levels of screen time can limit vocabulary development in toddlers. This has prompted renewed discussion about how and when young children use screens at home.

Screens themselves aren't the enemy, but how children use them, how often, and with whom makes a big difference. Young children learn best through real-life interaction, play, and conversation with adults.

Other concerns linked to too much screen time

Alongside language development, research suggests that excessive screen use in young children may also be linked to:


- **Reduced attention and concentration**, especially with fast-paced or highly stimulating content
- **Fewer opportunities for active play**, which supports physical development and coordination
- **Increased frustration or emotional dysregulation**, particularly when screens are removed
- **Less social interaction**, which is vital for learning turn-taking, listening, and communication skills

Helpful tips for parents:

- **Talk more than you tap** – chatting, singing, reading stories, and naming everyday objects all help build vocabulary.
- **Choose quality over quantity** – if screens are used, opt for age-appropriate, educational content.
- **Watch together** – talking about what's on the screen helps turn screen time into a learning opportunity.
- **Set clear limits** – short, planned screen sessions are better than unrestricted use.
- **Create screen-free moments** – mealtimes, playtime, and bedtime are ideal opportunities for conversation.
- **Lead by example** – children copy adults, so putting phones away during family time makes a big impact.

Remember, screens are not essential for early learning. Everyday moments such as playing, reading, talking, and sharing routines are some of the most powerful ways to support your child's development.

Other Opportunities



Wild Explorers: Into The Wild

A 2-day experience for young people aged 10 - 16. Into The Wild provides an opportunity for young people to unplug from technology and benefit from all that nature has to offer.

Into The Wild is a 2-day experience that will give young people (10-16 years) increased responsibility and challenge.

You will have the opportunity to set up your own shelter, make your own campfire, plan the menu and cook the food on the fire along with other activities on the day.

The 2 days will be centred around building confidence, leadership, teamwork and resilience.

Price
£95 per child for 2 days inc food
Childcare vouchers accepted

Age
10 - 16 years
Must be in year 6 or above


Upcoming Dates
16th & 17th February 2026

Please note: this is a 2 day experience.

Time
9.30am - 3.30pm

Location
Broughton Hall Estate

hello@wildexplorers.org.uk www.wildexplorers.org.uk



Wild Explorers

Where nature, fun and adventure collide!

A child-led, fun and nurturing holiday club set in beautiful woodland on the Broughton Estate.

We are an OFSTED registered outdoor holiday club where children can play, enjoy a campfire, woodland crafts, tools and much more!

Price
£35 per child per day
Childcare vouchers accepted

Age
Reception - Age 13

Upcoming Dates
16th - 20th February 2026

Time
9.30am - 3.30pm

Location
Broughton Hall Estate

hello@wildexplorers.org.uk www.wildexplorers.org.uk



NORTH YORKSHIRE COUNCIL



RE-IMAGINE A CLASSIC CHILDREN'S ART COMPETITION

Calling all young artists!

Get ready to dive into your imagination... What would Alice in Wonderland look like today? Who might join Mowgli in The Jungle Book? It's your chance to give a classic story a modern twist!

👧 For ages: 4-11

📍 Hand in at: Skipton Library

🕒 Deadline: 1.30pm, 21st February

Please include the child's full name, age, and a parent or guardian's email address.





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Calling all young artists!

Get ready to dive into your imagination... What would Alice in Wonderland look like today? Who might join Mowgli in The Jungle Book? It's your chance to give a classic story a modern twist!

Create your artwork using any traditional medium - pencils, paint, collage, pastels (No AI, please - we want your own genius!)

Two age categories:

- 4-7 years
- 8-11 years

One winner from each group will be chosen by bestselling author Anna James, creator of Pages & Co, The Chronicles of Whetherwhy, and Alice With a Why.

Submit your artwork at Skipton Library (physical entries only) by 1.30pm on Saturday 21st February 2026.

Remember to include your full name, age, and a parent/guardian's email - entries without this can't be judged.

All artwork will be displayed at Skipton Library from 23rd Feb-8th Mar, with prizes awarded on 1st March.





Burnsall News



Dinner Money



Chiltern
Wove

100

Dinner Money Envelopes

100 GUMMED ENVELOPES

NAME _____

CLASS _____

AMOUNT _____

KS2 only - Dinner money for this half term is £101.50 - please can this be paid on parentpay. Thank you

Runners and Riders



**RUNNERS
& RIDERS**

WE NEED YOU!

SUN 1ST FEB

LOW HALL FARM, APPLETREEWICK
THE EVENT IS A CHARITY FUNDRAISER TO BE SPLIT
BETWEEN FRIENDS OF BURNSALL PRIMARY SCHOOL
AND OTHER AWESOME CHARITIES

WE NEED:

- **CAKES <BOUGHT OR BAKED>**
PLEASE BRING THEM TO SCHOOL PICK UP ON
FRI 30TH JAN
- **VOLUNTEERS & MARSHALLS**
PLEASE CALL TIM IF YOU THINK YOU CAN HELP
FROM IPM: 07754357232

Runners and Riders - we need you!

Sunday 1st February - Low Hall Farm, Appletreewick.

We need - cakes - bought or baked!

Volunteers needed!

Shine Awards



Look out for these next week.

Key Diary Dates for Spring Term

**DATES TO
REMEMBER**

Spring 1

Friday 30th January - Stay and Play in pre school

Sunday 1st February - Runners and Riders Event -see attached

Wednesday 4th February - Cliffe Castle Cross country

W/B Monday 9th February - Mental Health week

Tuesday 10th February - Pancake Day special lunch

Friday 13th February- Schools close for half term

Spring 2 dates

Monday 23rd February - Schools open

Wednesday 25th February - Planetarium visit class 1

Thursday 26th February - Grassington and Burnsall Murton Park trip for year 3 -6

Friday 27th February Stay and Play in pre school

Thursday 5th March World Book Day

Tuesday 10th March - Cross Country event at Marley 3:15pm

Friday 13th March - Shaun Parry Quiz - details to follow - Friends Event

W/B 23rd March - Parents' evenings

Wednesday 25th or Thursday 26th March (Depending on cross country winners) Easter fun and services

Thursday 26th March - Cross country final at Cliffe castle for those who qualify

Friday 27th March - Stay and Play in pre school

Friday 27th March - Schools close for Easter

Wishing you a wonderful weekend

Claire Greenwood and Wendy Thompson

Co-Executive Headteachers